

# It's Not OK

Choreographed by: Sam Arvidson, Toshiko Kawamoto, and Yu Sugawara

Description: Phrased (A; 32 count, B; 32 Count), 2 wall, easy intermediate line dance

Rhythm: Polka

Music: "It's Not OK" by Zac Brown Band

Sequence: A B A A B, A B A A B, B B B, A(tag), A, A

## *PART A*

### 1-8 GALLOPS DIAGONAL RIGHT, GALLOPS SIDE LEFT,

- 1&2& Step R diagonally forward right, Close L next to R, Step R diagonally forward right, Close L next to R
- 3&4 Step R diagonally forward right, Close L next to R, Step R diagonally forward right
- 5&6& Step L side left, Close R next to L, Step L side left, Close R next to L
- 7&8 Step L side left, Close R next to L, Step L side left

### 9-16 SCOOT BACK, APPLE JACKS

- 1&2& Step R back, Small scoot backward on R, Step L back, Small scoot backward on L
- 3&4 Step R back, Small scoot backward on R, Stomp L side left (shoulder width apart)
- 5& Apple Jack to right (R toe out and L heel in), Back to center,
- 6& Apple Jack to left (L toe out and R heel in), Back to center
- 7-8 Apple Jack to right (R toe out and L heel in), Back to center (weight on L)

### 17-24 CAMEL WALK, PADDLE 1 TURN

- 1-2 Step R forward (knee straight) and pop L knee, Lock L (knee straight) behind R and pop R knee
- 3-4 Step R forward (knee straight) and pop L knee, Step L forward
- 5 1/4 turn left on L and point R side right
- 6-7-8 Repeat 3 times (face 12:00)

### 25-32 ROLLING VINE, SIDE KICKS, 1/2 TURN

- 1-2-3-4 1/4 turn right and Step R forward, 1/2 turn right and Step L back, 1/4 turn right and Step R side, Hitch L side left
- 5-6 Step L next to R and Kick R side right, Step R next to L and Kick L side left
- 7-8 1/4 turn left and Step L forward, 1/4 turn left and Close R to L

## *PART B*

### 1-8 SQUATx2, WEAVE

- 1-2 Turn body to diagonally right and squat (knees open), Stand up
- 3-4 Turn body to diagonally left and squat (knees open), Stand up
- 5&6& Cross step R over L, Step side L, Step R behind L, Step side L
- 7&8 Cross step R over L, Step side L, Step R behind L

**9-16 ROLLING VINE, CLAPx2**

- 1-2-3 1/4 turn left and Step L forward, 1/2 turn left and Step R back, 1/4 turn left and Step side L  
4 Hold and Clap 2 times (&4)  
5-6-7 1/4 turn right and Step R forward, 1/2 turn right and Step L back, 1/4 turn right and Step side R  
8 Hold and Clap 2 times (&8)

**17-24 CHICKEN WALKx4, RUN AROUND**

- 1-2-3-4 Walk forward L, R, L, R (move your head forward and back like "chicken" on each step)  
5&6&7&8 Run on a small circle clockwise making full turn L, R, L, R, L, R, L

**25-32 KICK BALL CHANGE<sub>x2</sub>, HEEL OUT-OUT-IN-IN, 1/2 TURN**

- 1&2, 3&4 R Kick ball change, R Kick ball change  
5& Step forward on heel of R (toe off floor), Step forward on heel of L (toe off floor) (shoulder width apart)  
6& Step R back, Close L to R  
7-8 Step R forward, 1/2 turn left (weight on L)

***TAG***

In 7th A (after 4 repetition of B), from count 25 (Rolling Vine)

- 1-2 1/4 turn right and Step R forward, 1/2 turn right and Step L back  
3 1/4 turn right and Step R side and Hitch L side left  
4,5,6,7 Hold  
8 Step on L  
Start A again