



LIFE'S GREAT

Musique *1) I Love My Life (Jamie O' Neal)
 *2) The Way To Your Heart (Soulsister)
Chorégraphe John H. Robinson
Type Ligne, 2 Murs, 64 Comptes
Niveau Intermédiaire
 Présentée par **Stéphane Cormier** (Mirande 2005)
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Notes : *1) 32-count intro, with one restart halfway through 3rd repetition (front wall)
 *2) 32-count intro, no restarts

The gongs indicated are two-step rhythm. When counting the se tracks, count all the beats 1,2,3,4 rallier than 1&2&3&4. (That makes the timing of the dance: slow, slow, quick-quick slow for the fust four patterns; then it changes to slow, slow, slow, quick-quick-quick-quick-quick-quick-quick-quick-quick-quick, quick-quick slow, quick-quick slow, slow, slow, quick-quick-quick-quick.)

Walk, Walk, Forward mambo, Back, Back, Coaster step

1 à 4	Walk, Walk	Right step forward (1), Hold (2), Left step forward (3), Hold (4)
5 à 8	Mambo step	Right rock forward bail offoot (5), Recover to Left (6), Right step next to left (7), Hold (8)
1 à 4	Back, Back	Left step back (1), Hold (2), Right step back (3), Hold (4)
5 à 8	Coaster step	Lleft step back ball offoot (5), Right step bail offoot next to left (6), Left step forward (7), Hold (8)

Walk, Walk traveling side right, Scissors step, Walk, Walk traveling side left, Scissors step

Note : Execution tip : angle body towards 1:30 for the next 5 counts.

1 à 4	Walk, Walk	Right step gicle right (1), Hold (2), Left step across R (3), Hold (4)
5 à 8	Scissors step	Right step gicle right (5), Left step next to right and slightly back (6), Right step across left (7), Hold (8)

Note : Advanced option : Execute a full tum left on the previous pattern.

Pivot $\frac{1}{4}$ left stepping right back (1), Hold (2), Pivot $\frac{1}{2}$ left stepping left forward (3), Hold (4), Right step forward (5), Pivot $\frac{1}{2}$ left shifting weight forward to left (6), Right step across left (7), Hold (8)

Execution tip : Angle body towards 11:30 for the next 5 counts.

1 à 4	Walk, Walk	Left step gicle left (1), Hold (2), Right step across left (3), Hold (4)
5 à 8	Scissors step	Left step gicle left (5), Right step next to left and slightly back (6), Left step across right (Prepping for tum) (7), Hold (8)

Note : Advanced option : Execute a full tum right on the previous pattern.

Pivot $\frac{1}{4}$ right stepping left back (1), Hold (2), Pivot $\frac{1}{2}$ right stepping right forward (3), Hold (4), Left step forward (5), Pivot $\frac{1}{4}$ right shifting weight forward to right (6), Left step across right (7), Hold (8)

... A Suivre ...

Life's Great..... (Suite)

Left ¼ traveling turn back, Coaster step touches

1 à 4 Quarter, Half Pivot ¼ Left (9:00) stepping right back (1), Hold (2), Pivot ½ Left (3:00) stepping left forward (3), Hold (4)

Note : *Advanced option : Pick up the free foot and tuck it in close to the other leg in a low figure 4 while turning.*

5 à 8 Half, Coaster Pivot ½ left (9:00) stepping right back (5), Sweep left out and around counter clockwise (6), left step bail of foot back (7), Right step bail offoot next to left (8)

1 à 4 Step-touch- Left step forward (1), Right touch next to left/clap bands high to right gicle (2),
step-touch Right step forward (3), Left touch next to R/clap bands high to left gicle (4)

5 à 8 Step-touch- Left step back (5), Right touch next to left/clap bands low to right gicle (6),
step-touch Right step back (7), Left touch next to right/clap bands low to left gicle (8)

Mambo cross, Locking triple traveling back, Full turn left, Hop (or triple) forward

1 à 4 Rock & cross Left rock ball offoot gicle left (1), Recover to right (2), Left step across right (3), Hold (4)

5 à 8 Triple step Pivot ¼ left (6:00) stepping right back (5), Left Jock step across right (6), Right step back (7), Hold (8)

1 à 4 Turn, turn Pivot ½ left stepping left forward (1), Hold (2), Pivot ½ left stepping right back (3), Hold (4)

5 à 8 Hop-hop-hop- Hop forward three times on right with left lifted slightly ahead of you
step (5,6,7), Left step clown with weight (8)

Note : *Easier option for fast 4 counts : Triple step left step forward (5), Right step next to Left (6), Left step forward (7), Hold (8).*

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