



My Heart Is Open

Choreographed by Guy Dubé

Description: 32 count, 4 wall, beginner/intermediate line dance

Musique: **My Heart Is Open** by Keith Urban [CD: [Defying Gravity](#) / Available on iTunes ]

All I Wanna Do Is Make Love To You by Heart [[The Essential Heart](#) / Available on iTunes  ]

Intro 32 counts before begin the dance

SIDE, ROCK BACK, TURN ¼ RIGHT AND STEP-LOCK-STEP FORWARD, ROCK STEP

1 Step left to side

2-3 Rock back step right, recover to left

4&5 Turn ¼ right and step right forward, step lock left behind right, step right forward (3:00)

6-7 Rock left forward, recover to right

SAILOR TURN ½ LEFT, ¼ TURN TOUCH WITH SNAP FINGERS, HOLD, CROSS SHUFFLE, ROCK SIDE

8&1 Cross left behind right, step right on place in turn ¼ left, step left forward in turn ¼ left

2-3 Turn ¼ left and touch right to side with snap fingers, hold

4&5 Crossing chassé right, left, right

6-7 Rock side step left in swaying hips to left, recover to right (11:00)

SAILOR ¾ TURN LEFT, ROCK STEP, STEP-LOCK-STEP BACK, TOUCH, UNWIND TURN ½ LEFT

8&1 Cross left behind right, turn ½ right and step right on place, turn ¼ left and step left forward (3:00)

Restart: at this point after count 17, 3rd repetition of the dance. Restart from the beginning but on the count 2 (forgot the count 1) face 3:00 wall

2-3 Rock right forward, recover to left

4&5 Step right back, step left lock over right, step right back

6-7 Touch left back, unwind turn ½ left

SYNCOATED ROCK STEP-STEP, RONDE DE JAMBE LEFT, RIGHT IN HALF CIRCLE OUTSIDE TO BACK, COASTER CROSS, TOUCH, CROSS, CHASSÉ TO LEFT

8&1 Rock right forward, recover to left, step right back

2 Touch left to the outside draw an arc from front to back, ending left foot behind

3 Touch right to the outside draw an arc from front to back ending right foot behind

4&5 Step left back, step right together left, cross left over right

6-7 Touch right to side, cross right over left

8& Step left to side, step right together left

REPEAT

RESTART

Restart on the 6:00 wall when dancing to "My Heart Is Open" by Keith Urban