

THE SPIRIT MOVES

Chorégraphe : Val Parry

Description : 16 pas, 1 mur, débutant, line dance

Musique :

No News (Lonestar) (120 bpm, CD Ultimate Country Party)

WALKS FORWARD, ROCK, WALKS BACKWARD, COASTER STEP

1-2 Walk forward right, left

3-4 Rock forward right, replace weight on left

5-6 Walk backwards, right, left

7&8 Step back on right, close left next to right, step forward on right

SIDE, CLOSE, SIDE, KICK, GRAPEVINE

1-2 Step left to left side, close right to left

3-4 Step left to left side, kick right across left and clap (at same time)

5-6 Step right to right side, step left behind right

7-8 Step right to right side, step left next to right