STEPPIN'OFF



THEPage



Approved by:

Addrey Workson Walking On The Wave

2 WALL – 64 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 & 2 3 & 4 5 - 6 7 & 8	Forward Shuffle, Crossing Samba, Cross Side, Behind & Heel Step right forward. Close left beside right. Step right forward. Cross left over right. Rock right to right side. Recover onto left. Cross right over lelft. Step left to left side. Cross right behind left. Step left to left side. Touch right heel forward.	Right Shuffle Cross Samba Cross Side Behind & Heel	Forward Left
Section 2 & 1 – 2 3 & 4 5 – 6 & 7 8	Ball Cross Side, Behind Side Cross, Side, Behind Side Cross, Side Step right beside left. Cross left over right. Step right to right side. Cross left behind right. Step right to right side. Cross left over right. Step right to side. Cross left behind right. Step right to side. Cross left over right. Step right to right side.	Ball Cross Side Behind Side Cross Side Behind Side Cross Side	Right
Section 3 1 - 2 3 & 4 5 & 6 7 & 8	Back Rock, 1/4 Turn Back Lock Step, 1/4 Chasse, Cross 1/4 Turn Side Rock back on left. Recover onto right. Turn 1/4 right stepping left back. Lock right across left. Step left back. (3:00) Turn 1/4 right stepping right to side. Close left beside right. Step right to side. (6:00) Cross left over right. Turn 1/4 left stepping right back. Step left to side. (3:00)	Rock Back Quarter Lock Back Quarter Chasse Cross Quarter Side	On the spot Turning right Turning left
Section 4 1 - 2 & 3 - 4 & 5 - 6 7 & 8	Step, Touch & Heel Heel, & Pivot 1/4, Kick Ball Point Step right forward. Touch left toe behind right heel. Step left back. Tap right heel forward twice. Step right beside left. Step left forward. Pivot 1/4 right. Kick left forward. Step left beside right. Point right toe to right side.	Step Touch & Heel Heel & Step Pivot Kick Ball Point	Forward On the spot Turning right On the spot
Section 5 1 & 2 3 & 4 5 - 6 Option 7 - 8	Kick Ball Step, Forward Shuffle, Full Turn, Forward Rock Kick right forward. Step ball of right beside left. Step left forward. Step right forward. Close left beside right. Step right forward. Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. Counts 5 - 6: Replace full turn with Walk forward left, right. Rock forward on left. Recover onto right. (6:00)	Kick Ball Step Right Shuffle Full Turn Rock Forward	On the spot Forward Turning right On the spot
Section 6 1 & 2 3 & 4 5 & 6 7 & 8	Shuffle 1/2 Turn, Heel Ball Step, Step 1/2 Turn, Side, Coaster Step Shuffle step 1/2 turn left, stepping - left, right, left. (12:00) Touch right heel forward. Step ball of right beside left. Step left forward. Step right forward. Turn 1/2 right stepping left back. Step right to side. (6:00) Step left back. Step right beside left. Step left forward.	Shuffle Half Heel Ball Step Step Half Side Coaster Step	Turning left On the spot Turning right On the spot
Section 7 1 - 2 3 & 4 5 - 6 Restart 7 & 8	Cross Side, Sailor Step, Cross Side, Sailor Step Cross right over left. Step left to left side. Cross right behind left. Step left to left side. Step right to place. Cross left over right. Step right to right side. Walls 2 and 4: Change count 6 to Point right to right side then Restart the dance. Cross left behind right. Step right to right side. Step left to place.	Cross Side Right Sailor Cross Side Left Sailor	Left On the spot Right On the spot
Section 8 1 & 2 & 3 - 4 & 5 - 6 & 7 - 8	Point & Point, & Heel Heel, & Forward Rock, & Back Rock Point right toe to right side. Step right beside left. Point left toe to left side. Step left beside right. Tap right heel forward twice. Step right beside left. Rock forward on left. Recover onto right. Step left beside right. Rock back on right. Recover onto left.	Point & Point & Heel Heel & Rock Forward & Rock Back	On the spot

Choreographed by: Audrey Watson (UK) July 2015

Choreographed to: 'Walking On The Waves' by Shane Owens from CD Single;

download available from iTunes (22 count intro)

Restarts: Two Restarts, both at the same point, during Walls 2 and 4

